

3-10-2019 Sermon Title: **Baggage: Guilt & Shame**

"Failing is not a disgrace unless you make it the last chapter of your book." -**Jack Hyles**

Matthew 11:28-30

"Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. For My yoke is easy and My burden is light."

John 3:17 *For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.*

1. A story: John 8 (A woman caught)

John 8:3-4 *The scribes and the Pharisees brought a woman who had been caught in adultery, and placing her in the midst they said to him, "Teacher, this woman has been caught in the act of adultery."*

2. Guilt & Shame: (The Lies)

"I am unlovable, unforgiveable, unchangeable, unwanted!"

3. Guilt & Shame: (The Truth)

Acts 10:43 *To him all the prophets bear witness that everyone who believes in him receives forgiveness of sins through his name.*

4. Application:

Romans 8:1-2 *There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death.*