

3-24-2019

Sermon Title: **Baggage: Anxiety & Fear**

“Where does your security lie? Is God your refuge, your hiding place, your stronghold, your shepherd, your counselor, your friend, your redeemer, your savior, your guide? If He is, you don’t need to search any further for security” - **Elisabeth Elliot**

Matthew 11:28-30 *“Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. For My yoke is easy and My burden is light.”*

Psalm 94:19 *When my anxious thoughts multiply within me, Your consolations delight my soul.*

1. A story: Mark 5 (She is asleep)

Mark 5:35 *While He was still speaking, they *came from the house of the synagogue official, saying, “Your daughter has died; why trouble the Teacher anymore?”*

2. Anxiety & Fear: (The Lies)

“Everything is out of control, I am better off alone/separated, it feels so real so it must be, I am scared & I can’t feel GOD.”

3. Anxiety & Fear: (The Truth)

John 14:27 *Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful.*

4. Application:

Isaiah 43:1 *But now, thus says the LORD, your Creator, O Jacob, And He who formed you, O Israel, “Do not fear, for I have redeemed you; I have called you by name; you are Mine!*