

3-31-2019

Sermon Title: **Baggage: Living Beyond It**

“Before you can heal, you need to ask yourself if you’re willing to give up the things that are making you sick.”
– Sarah Mae

Matthew 11:28-30 *“Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. For My yoke is easy and My burden is light.”*

1. A story: What we’ve learned

*A woman caught (**John 8**) *A woman sick (**Luke 8**) *She is asleep (**Mark 5**)

2. Baggage: (The Lies)

“This is just the way it is, nothing ever changes, I am better off alone, I am lost & unloved.”

3. Baggage: (The Truth)

Galatians 5:1 *It was for freedom that Christ set us free; therefore, keep standing firm and do not be subject again to a yoke of slavery.*

4. Application:

Psalm 30:11 *You have turned for me my mourning into dancing; You have loosed my sackcloth and girded me with gladness,*